

Welcome

Benefits Overview

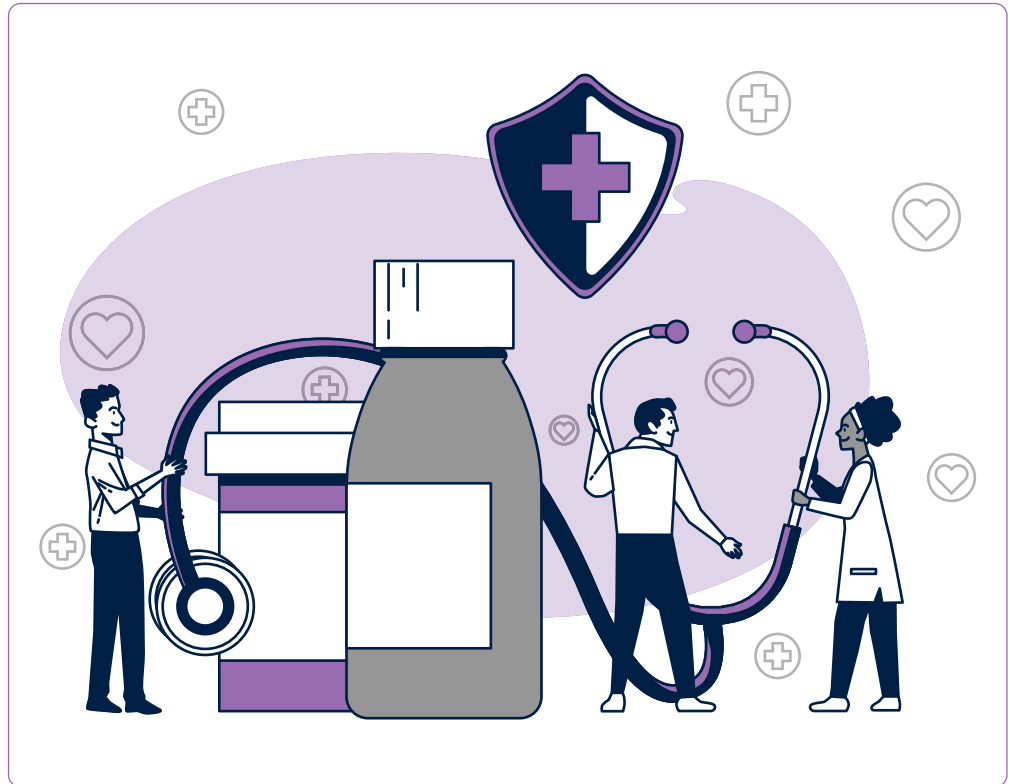


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WorkChoice™ Benefits FAQ



Welcome to WorkChoice Benefits! Once you have enrolled, you will receive a welcome packet in the mail with your ID card, an overview of your plan, and information on how to access your benefits. You will also receive an email with your Member ID and Group ID. Please keep this packet and email, as they contain

details you need to register and access your benefits.

To get started, download the WorkChoice App by scanning the QR code below or visit workchoicemembers.com and create your account. Note that your benefits information will not be available on the app until after your plan's effective date.

What is WorkChoice Benefits?

WorkChoice Benefits is a minimum essential coverage (MEC) plan providing virtual, preventative, and other care services. MEC plans are a low-cost alternative to traditional insurance for preventative services like vaccinations, preventative screenings, and wellness visits. It does not cover things like hospitalizations, surgeries, or specialist visits. Your WorkChoice plan includes an enhanced layer of services and discount programs including virtual behavioral health therapy and coaching sessions, preventative pharmacy and pharmacy discount card, and virtual physical therapy.

How do I create my account?

To create an account, download the WorkChoice Benefits mobile app or register at workchoicemembers.com. Enter your Member ID and Group ID found on the front of your membership card; this information will also be sent to you via email from noreply@claimchoice.com. The email address used to register will become your login for the mobile app and web portal.

Who do I contact if I have questions about my benefits?

If you have any questions on how to use your membership, call our Member Support Team at the number listed on your card. Our offices are open Monday through Friday, 7:00 am to 7:00 pm, and Saturday, 8:00 am to 5:00 pm Eastern Standard Time.

For any questions before you receive your ID card, contact ClaimChoice Customer Service at (800) 221-4254 or custserv@claimchoice.com.

What if I have coverage outside of the WorkChoice Benefits plan?

If you need assistance with other coverages or insurance plans, please contact your benefits broker.

Who are the different vendors of WorkChoice Benefits?

ClaimChoice: Your WorkChoice Benefits plan administrator and customer service team.

ChoiceScripts R: Prescription benefits for ACA preventative medications with a zero-dollar co-pay. You also have access to an R Discount Card to save up to 80% on your prescriptions.

Galileo Health: Provides access to unlimited virtual provider consults by text & video, patient support, annual virtual wellness visits, up to 7 video mental health therapy sessions, and more.

New Benefits: Connect with a peer for support and encouragement including up to 2 hours of talk time each month with a trained peer listener.

Upswing Health: Your on-demand access to virtual orthopedic care for dealing with anything from serious injuries to chronic muscle and joint pain.

Where can I locate my Group Number and Member ID Number?

Your Group Number and Member ID Number will be located on the front of your membership card as well as sent to you via email from noreply@claimchoice.com.



Get the
WorkChoice™
App

Get More Out of Your Benefits



What is Minimum Essential Coverage (MEC)?

MEC plans are different from traditional insurance. They offer a low-cost alternative that provides preventative services like vaccinations, screenings, and wellness visits.

Experience MEC reimaged with WorkChoice™ Benefits



Why WorkChoice™ Benefits?

In addition to what a typical MEC plan provides, WorkChoice includes an enhanced layer of virtual care and valuable discount programs. For example, through Galileo Health, you have 24/7 access to virtual primary care providers with a wide range of specialty expertise.

Minimum Essential Coverage (MEC) BASE Plan & Coverages

Please Note: Plan designs are subject to change to maintain ACA Compliance

MEC Plan	Choice BASE
Galileo Digital Medical Practice—for Preventative and Ongoing Care Needs	Included
Galileo In-person Primary Care	Included
Virtual Primary Care	Unlimited messaging, video visits with providers in the Galileo app
Virtual Acute/Urgent Care	Unlimited messaging, video visits with providers in the Galileo app
Virtual Complex or Chronic Condition Care	Unlimited messaging, video visits with providers in the Galileo app
Virtual Pediatric Urgent Care	Unlimited messaging, video visits with providers in the Galileo app
Virtual Annual Wellness Visit—for Adult Care Only	30 minute video session once per year
Preventative Labs Tests ordered during Annual Wellness Visit—Must Be Completed at Quest Diagnostics locations	100% covered once per year
Virtual Mental Health Care Therapy & Coaching	Up to 7 video sessions per year
Virtual Music-Based Therapy	Unlimited sessions on the Spiritune App
Upswing Health—for Joint and Muscle Pain	Included
Virtual Orthopedic Care	\$0 copay
Virtual Injury Assessment	\$0 copay

Prescription Coverages	ChoiceScripts Rx
ACA Preventatives + Prescription Discounts	Discount Card Included

Galileo and Upswing Health may make referrals for procedures and office visits when medically necessary. The costs of those visits are not covered by this plan.

Reference Based Reimbursement—These plans do not utilize a PPO network. All medical service providers are reimbursed per the terms of the Plan Document, up to Maximum Allowable Amount. The Assignment of Benefits is accepted as consideration in full. Provider's acceptance of AOB constitutes waiver of providers right to balance bill the patient for amounts other than copays.

Plan Exclusions—This plan is a Minimum Essential Coverage plan, providing Wellness/Preventative services required under ACA. This is not a comprehensive medical coverage plan. Services not covered by the plan include Allergy Treatments, Specialty Office Visits, Urgent Care, Emergency Room, Chiropractic, Diagnostic Imaging, Labs/X-rays, Radiology, Surgery, Hospitalization, Therapies, Ambulance, & Mental Health/Substance Abuse. This is not a complete list of Exclusions. For further information of coverages, please contact Customer Service.

Motor Vehicle Exclusion—Any services related to a Motor Vehicle/Motor Cycle accident/injury will not be covered.

ClaimChoice is not an insurance carrier. The WorkChoice BASE MEC plan is not an insured plan and is not underwritten by an Insurance Company. This is a Minimum Essential Coverage Healthcare Product paid via a Subscription Fee.

Minimum Essential Coverage (MEC) Plans & Coverages

Please Note: Plan designs are subject to change to maintain ACA Compliance

MEC Plan	Choice FLEX	Choice PLUS
Medical Coverages	Fair Market Pricing†	Fair Market Pricing†
Mental/Behavioral Health and Substance Abuse Services—Outpatient Psychiatric/Psychologist	\$60 Copay, then covered 100% up to \$100 per visit. Max 3 visits (6 per household) per plan year	\$50 Copay, then covered 100% up to \$100 per visit. Max 3 visits (6 per household) per plan year
Mental/Behavioral Health and Substance Abuse Services—Inpatient Psychiatric/Psychologist	Not Covered	\$100 Copay then 100% up to \$500 per year
Prescription Coverages	ChoiceScripts Rx	ChoiceScripts Rx
ChoiceScripts Rx	\$30 Generic Copay if Rx is less than \$250, otherwise 100% member responsibility	\$20 Generic Copay if Rx is less than \$250, otherwise 100% member responsibility
ACA Out-of-Pocket Maximum	Annual	Annual
Out-of-Pocket Maximum	\$8,550/\$17,100	\$8,550/\$17,100
Additional Benefit Buy-Up Options	The claims are not covered under the MEC Plan. All the benefits provided by New Benefits are discounted benefits where the member gains access to a network and pays a discounted rate at the time of service.	
Telephonic EAP‡ Professional counseling and work/life support so employees can maintain focus on work. A simple phone call helps when employees are dealing with depression, family conflicts, substance abuse, debt, or worrying over finding services for elderly parents. ‡ Additional Information found separately	Included	Included
Dental Access through Aetna‡ 5%–50% savings at over 262,000 available dental practice locations nationwide. Members just present their Aetna Dental Access I.D. Card and pay the discounted price at the time of service. ‡ Additional Information found separately	Included	Included
Vision‡ See better savings at over 200,000 vision providers nationwide, including chains and local retailers. Members save 10%-60% on glasses, contacts, laser surgery, exams, and even designer eyewear. ‡ Additional Information found separately	Included	Included
Alternative Medicine‡ Members save 10%-30% on health and wellness needs with over 35 specialties and 35,000 practitioners nationwide. Alternative Medicine is a great option for employees looking to reduce stress, relieve migraines or quit smoking. ‡ Additional Information found separately	Included	Included

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[‡] In WA and VT New Benefits EAP, Dental, Vision & Alternative Medicine is not available.

Minimum Essential Coverage (MEC) FLEX Plan & Coverages

Please Note: Plan designs are subject to change to maintain ACA Compliance

MEC Plan	Choice FLEX
Medical Coverages	Fair Market Pricing†
Virtual Care Visit through Galileo Primary Care Specialist, Pediatrics, Behavioral Health, Chronic Care and Care Navigation Services <i>Mandatory enrollment in Galileo, with a PCP in order for any other benefits under MEC Plan to be covered</i>	Included, \$0 Copay
Virtual Orthopedic Care through Upswing Health Symptom assessment, Coaches for Care Management & Navigation Unlimited Access to Orthopedic Specialist	Included, \$0 Copay
Primary Care Office Visit	\$30 Copay, then covered 100% up to \$200 per visit. Max 3 visits (6 per household) per plan year
Specialist Office Visit	\$50 Copay, then covered 100% up to \$300 per visit. Max 3 visits (6 per household) per plan year
Urgent Care Visit	\$75 Copay, then covered 100% up to \$500 per visit. Limited to 2 per household per year
Emergency Room Visit Emergencies Only	Not Covered
Preventative & Wellness	Covered at 100%
Allergy Treatments Testing and Injections	Not Covered
Outpatient Lab Non-Hospital Only	\$50 Copay, then covered 100% up to \$250 per year
Outpatient Radiology (X-Rays) Non-Hospital Only	\$50 Copay, then covered 100% up to \$500 per year
Outpatient Imaging CT Scan/MRI/PET Non-Hospital Only	\$100 Copay, then covered 100% up to \$500 per year
Hospital Outpatient Surgery	\$500 Copay, then covered 100% up to \$750 per year
Physician & Surgeon Care (Hospital Outpatient Surgery)	\$150 Copay, then covered 100% up to \$500 per year
Ambulatory Surgical Center Outpatient Surgery	\$250 Copay, then covered 100% up to \$750 per year
Inpatient Medical Facility (Room and Care)	\$0 Copay, limit of \$150 per day, 20 days per year
Anesthesia Professional Services	\$150 Copay, then covered 100 up to \$250 per year
Ambulance Ground Transportation Only	Not Covered
Outpatient Physical Therapy	Not Covered

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Minimum Essential Coverage (MEC) FLEX Plan & Coverages

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MEC Plan	Choice FLEX
Medical Coverages	Fair Market Pricing[†]
Mental/Behavioral Health and Substance Abuse Services—Outpatient Psychiatrist/Psychologist	\$60 Copay, then covered 100% up to \$100 per visit. Max 3 visits (6 per household) per plan year
Mental/Behavioral Health and Substance Abuse Services—Inpatient Psychiatric/Psychologist	Not Covered
Prescription Coverages	ChoiceScripts Rx
ChoiceScripts Rx	\$30 Generic Copay if R is less than \$250, otherwise 100% member responsibility
ACA Out-of-Pocket Maximum	Annual
Out-of-Pocket Maximum	\$8,550/\$17,100
Additional Benefit Buy-Up Options	The claims are not covered under the MEC Plan. All the benefits provided by New Benefits are discounted benefits where the member gains access to a network and pays a discounted rate at the time of service.
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Motor Vehicle Exclusion—Any services related to a Motor Vehicle accident/injury will not be covered.

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Minimum Essential Coverage (MEC) PLUS Plan & Coverages

Please Note: Plan designs are subject to change to maintain ACA Compliance

MEC Plan	Choice PLUS
Medical Coverages	Fair Market Pricing [†]
Virtual Care Visit through Galileo Primary Care Specialist, Pediatrics, Behavioral Health, Chronic Care and Care Navigation Services <i>Mandatory enrollment in Galileo, with a PCP in order for any other benefits under MEC Plan to be covered</i>	Included, \$0 Copay
Virtual Orthopedic Care through Upswing Health Symptom assessment, Coaches for Care Management & Navigation Unlimited Access to Orthopedic Specialist	Included, \$0 Copay
Primary Care Office Visit	\$30 Copay, then covered 100% up to \$200 per visit. Max 3 visits (6 per household) per plan year
Specialist Office Visit	\$50 Copay, then covered 100% up to \$300 per visit. Max 3 visits (6 per household) per plan year
Urgent Care Visit	\$75 Copay, then covered 100% up to \$500 per visit. Limited to 3 per household per year
Emergency Room Visit Emergencies Only	\$250 Copay, then covered 100% up to \$1000 per year
Preventative & Wellness	Covered at 100%
Allergy Treatments Testing and Injections	\$20 Copay, then covered 100% up to \$100 per visit. Max 3 visits (6 per household) per plan year
Outpatient Lab Non-Hospital Only	\$50 Copay, then covered 100% up to \$500 per year
Outpatient Radiology (X-Rays) Non-Hospital Only	\$50 Copay, then covered 100% up to \$750 per year
Outpatient Imaging CT Scan/MRI/PET Non-Hospital Only	\$50 Copay, then covered 100% up to \$750 per year
Hospital Outpatient Surgery	\$500 Copay, then covered 100% up to \$1000 per year
Physician & Surgeon Care (Hospital Outpatient Surgery)	\$150 Copay, then covered 100% up to \$500 per year
Ambulatory Surgical Center Outpatient Surgery	\$250 Copay, then covered 100% up to \$1000 per year
Inpatient Medical Facility (Room and Care)	\$0 Copay, limit of \$200 per day, 30 days per year
Anesthesia Professional Services	\$150 Copay, then covered 100% up to \$250 per year
Ambulance Ground Transportation Only	Not Covered
Outpatient Physical Therapy	\$30 Copay, then covered 100% up to \$100 per visit. Max 3 visits (6 per household) per plan year

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MEC Plan	Choice PLUS
Medical Coverages	Fair Market Pricing [†]
Mental/Behavioral Health and Substance Abuse Services—Outpatient Psychiatric/Psychologist	\$50 Copay, then covered 100% up to \$100 per visit. Max 3 visits (6 per household) per plan year
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Prescription Coverages	ChoiceScripts Rx
ChoiceScripts Rx	\$20 Generic Copay if Rx is less than \$250, otherwise 100% member responsibility
ACA Out-of-Pocket Maximum	Annual
Out-of-Pocket Maximum	\$8,550/\$17,100
Additional Benefit Buy-Up Options	The claims are not covered under the MEC Plan. All the benefits provided by New Benefits are discounted benefits where the member gains access to a network and pays a discounted rate at the time of service.
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Motor Vehicle Exclusion—Any services related to a Motor Vehicle accident/injury will not be covered.

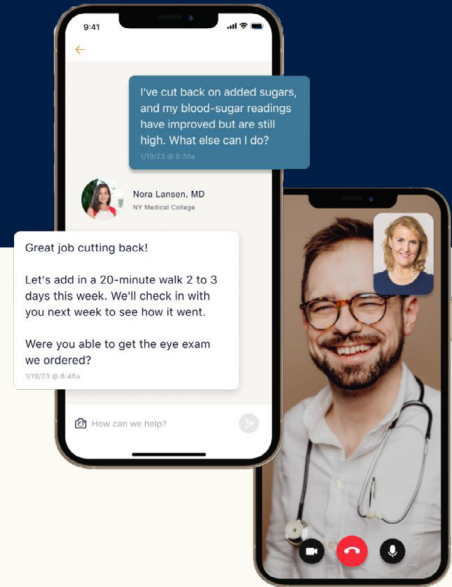
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galileo

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Your New Doctor's Office, on Your Phone

Access Galileo 24/7 on the WorkChoice mobile app.



How Galileo Works

- ✧ Connect with real doctors anytime via video or chat on the Galileo app (available in English & Spanish).
- ✧ Get care for almost any health concern, from everyday issues like acne and colds to ongoing conditions like anxiety and diabetes.
- ✧ Prioritize your health with an annual wellness visit over video and get referred for labs and screenings.
- ✧ Feel heard, not rushed. Galileo providers take their time and listen to your questions and concerns.
- ✧ Galileo is virtual access to doctors who can solve 90% of healthcare needs without an office visit.

“Your patient care and medical professionals always go above and beyond for me. They diagnose with accuracy. I’m so thankful for this service.”

—Galileo Member

What you get with Galileo

**Unlimited 24/7
Provider Consults
by Text & Video**

**Annual Virtual Wellness
Visit & Preventative
Screening Referral**

Prescriptions & Rx Refills*

24/7 Patient Support

**Adult Mental Health
Therapy & Coaching
(Up to 7 video sessions)**

**Music-Based Therapy
via Spiritune**

Galileo is not insurance. There are no copays, claims or extra paperwork. If you need in-person care, Galileo will help guide you to the best options for what you need, but the cost of outside services are not included.

**Due to regulations, Galileo providers cannot prescribe controlled substances. The cost of medication is not covered by Galileo.*

Activate now to get the most value from your plan





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Prioritize Your Mental Health with Therapy and Coaching

Get fast, convenient access to mental health experts and same-day care with Galileo through the WorkChoice app.

YOUR CARE EXPERIENCE

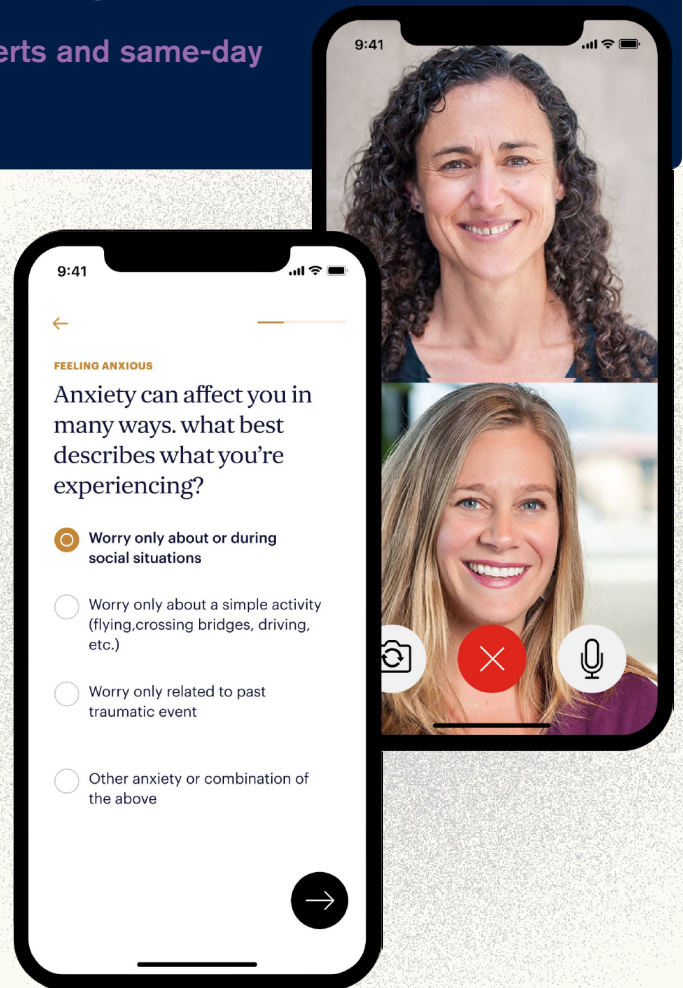
- 24/7 access to culturally-competent providers
- Convenient, 1:1 video visits with therapists or coaches
- Personalized prescription support
- Regular check-ins from your care team
- Mental health services in English or Spanish

WHAT GALILEO CAN HELP WITH

- Trouble sleeping
- Stress management
- Consistent low mood
- Medication management
- And more

GET STARTED

1. From the app home screen, tap **Consult a Medical Expert**.
2. Type in your symptoms ("**Feeling Down**") or a specific condition ("**Anxiety**") and complete a short questionnaire.
3. A Galileo provider will review your intake and start your care in the app.



Create your account now
Use your phone camera to scan



Download on the App Store



GET IT ON Google Play

Galileo care is 100% confidential and 100% covered by your benefit.



Virtual Orthopedic Care

With Upswing Health, every member of the MEC plan has immediate, on-demand access to orthopedic care. Whether you're dealing with a serious injury or chronic muscle and joint pain, we're here to provide you with access to orthopedic care and get you on the right path to recovery today.



What Does Upswing Offer?

- ✓ **Symptom Assessment Tool**
Upswing's Symptom Assessment Tool is available 24/7 to help provide possible conditions for your symptoms. Learn about the condition and what you can do yourself to improve it at home.
- ✓ **Upswing Coaches**
All Upswing Coaches are Certified Athletic Trainers and are available 7 days a week to answer your questions, provide advice and rehabilitation programs and guide you to the correct treatment options.
- ✓ **Upswing Physicians**
Our team of physicians are board certified in Orthopedic Surgery and/or Sports Medicine. They can provide a diagnosis, prescriptions, imaging and referrals to a specialist/in-person care.

How It Works

- 1 Sign Up**
Create an Upswing account, and verify your eligibility using information from your health plan member identification card.
- 2 Figure Out What Is Wrong**
Utilize the Symptom Assessment Tool to find the possible conditions that match your symptoms.
- 3 Connect with a Specialist**
Schedule time with an Upswing Coach or an Orthopedic Physician—available 7 days a week for visits and support.
- 4 Begin Your Path to Recovery**
Whether it is a video-based exercise program, X-ray, or a referral to physical therapy, your recovery plan is personalized to your needs.



Expert Orthopedic Care at Your Fingertips. Get Immediate Access to Upswing Health at No Cost.

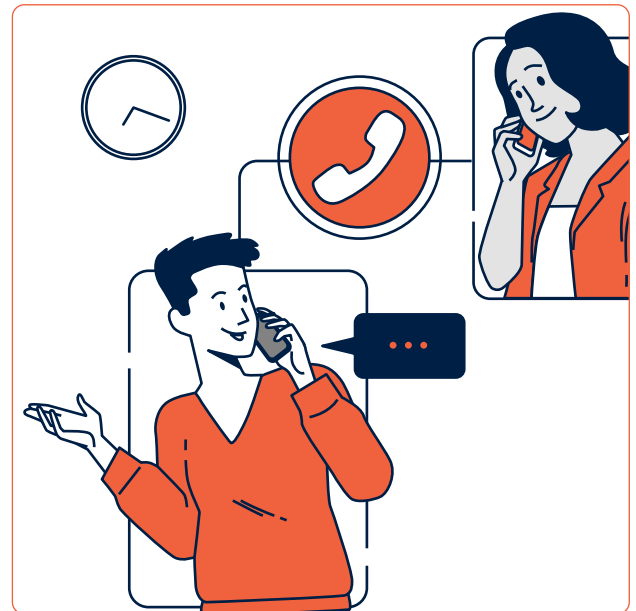
Visit workchoiceupswinghealth.com to sign up today!



Kindly Human

Connect with a Peer for Support and Encouragement

Feeling heard and understood can reduce stress and anxiety.



What Kindly Human Does for You



Kindly Human's mental wellness platform connects you with individualized, accessible, and relatable Peer Support



You have access to a catalog of Peers, Peer Listeners, and other helpful resources providing 24/7 non-clinical support for navigating life stressors, such as financial, relationship, work, and health concerns



Most importantly, Kindly Human matches you with supportive Peers who have similar life experiences and truly understand your unique situation

On-demand access to anonymous Peer Support 24/7

Up to 2 hours of talk time each month with a trained Peer Listener

Meaningful connections—processing everyday challenges with the security of experiential understanding

Cultivated resources to support expansive care needs

Includes the primary member and their dependents 18 years of age or older

How to Use

Log on through the mobile app or web portal to access Kindly Human

During account setup, you will select your topics of interest to match you with Peers who have similar backgrounds and experiences

Browse Peers and their experiences and connect on-demand or at a scheduled time that works best for you

Kindly Human does not provide mental health care, advice, diagnosis, or treatment, and is not available for those 17 and under. Kindly Human Peers are not licensed mental health care professionals and do not provide professionally licensed medical, therapeutic, or any other kind of services to members. If you believe you are experiencing a medical emergency, call your doctor or 911 immediately. If a member uses all their monthly allotted minutes, they are able to continue to connect by inputting payment information for a discounted per-minute rate of \$0.60 until their monthly minutes are renewed at the onset of a new month.



Understanding Your WorkChoice Prescription Benefit Program

The tools and resources you need to make better drug therapy decisions

Your Prescription Benefit Plan

ChoiceScripts powered by Prime Therapeutics is your pharmacy benefit manager. We are dedicated to providing the best service and resources to help you and your family make better healthcare decisions.

Using Your Prescription Drug Card

You can find your virtual prescription drug card on your WorkChoice app. Please present your new prescription card at any of our 65,000+ retail pharmacies when you fill an eligible prescription. You can access a participating pharmacy list at choicescripts.com/members. For non-eligible prescriptions, present your R discount card, which can also be found on your WorkChoice app.

WorkChoice BASE Plan

All WorkChoice pharmacy plans cover ACA preventative medications with a zero-dollar copay. To find which drugs are covered, go to choicescripts.com/members, select Formulary Drug Search and search for your medication. Medications tagged with the blue HCR tag are covered. The categories of covered drugs are: Aspirin, Breast Cancer, Bowel Prep, Folic Acid, Fluoride Supplements, HIV PrEP, Iron Supplements, Contraceptives, Tobacco Cessation, High Cholesterol, and Vaccines.

All WorkChoice plans also come with an R discount card that can be used at retail pharmacies for any uncovered medications. You can find details about your R discount card on your WorkChoice app.

Online Tools at choicescripts.com/members

Visit our website for a fast, easy and secure way to manage your pharmacy benefits. On the member portal, you can:

View prescription history

Access your free R Discount Card

Find a pharmacy

Review your drug list

Search to see if your medication is covered

Questions about your pharmacy benefits?

Visit choicescripts.com/members or contact customer service 24/7 with any questions about your prescription benefits at 800-424-1674.



Preventative Services Covered

Under the Affordable Care Act

15 Covered Preventative Services for Adults

1. Abdominal Aortic Aneurysm one-time screening for men of specified ages who have ever smoked
2. Alcohol Misuse Screening and counseling
3. Aspirin use for men and women of certain ages
4. Blood Pressure screening for all adults
5. Cholesterol screening for adults of certain ages or at higher risk
6. Colorectal Cancer screening for adults over 45
7. Depression screening for adults
8. Type 2 Diabetes screening for adults with high blood pressure
9. Diet counseling for adults at higher risk for chronic disease
10. HIV screening for all adults at higher risk
11. Immunization vaccines for adults—doses, recommended ages, and recommended populations vary: Hepatitis A, Hepatitis B, Herpes Zoster, Human Papillomavirus, Influenza (Flu Shot), Measles, Mumps, Rubella, Meningococcal, Pneumococcal, Tetanus, Diphtheria, Pertussis, Varicella
12. Obesity screening and counseling for all adults
13. Sexually Transmitted Infection (STI) prevention counseling for adults at higher risk
14. Tobacco Use screening for all adults and cessation interventions for tobacco users
15. Syphilis screening for all adults at higher risk

22 Covered Preventative Services for Women

1. Anemia Screening on a routine basis for pregnant women
2. Bacteriuria urinary tract or other infection screening for pregnant women
3. BRCA Counseling about genetic testing for women at higher risk
4. Breast Cancer Mammography screenings every 1 to 2 years for women over 40
5. Breast Cancer Chemoprevention counseling for women at higher risk
6. Breastfeeding comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women*
7. Cervical Cancer Screening for sexually active women
8. Chlamydia Infection Screening for younger women and other women at higher risk
9. Contraception: Food and Drug Administration approved contraceptive methods, sterilization procedures, and patient education and counseling, not including abortifacient drugs*
10. Domestic and Interpersonal Violence Screening and Counseling for all women*
11. Folic Acid supplements for women who may become pregnant
12. Gestational Diabetes Screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes*
13. Gonorrhea Screening for all women at higher risk
14. Hepatitis B Screening for pregnant women at their first prenatal visit
15. Human Immunodeficiency Virus (HIV) screening and counseling for sexually active women*
16. Human Papillomavirus (HPV) DNA Test: high risk HPV DNA testing every three years for women with normal cytology results who are 30 or older*
17. Osteoporosis Screening for women over age 60 depending on risk factors
18. Rh Incompatibility Screening for all pregnant women and follow-up testing for women at higher risk
19. Tobacco Use Screening and interventions for all women, and expanded counseling for pregnant tobacco users
20. Sexually Transmitted Infections (STI) counseling for sexually active women*
21. Syphilis Screening for all pregnant women or other women at increased risk
22. Well-woman visits to obtain recommended preventive services

26 Covered Preventative Services for Children

1. Alcohol and Drug Use Assessments for adolescents
2. Autism Screening for children at 18 and 24 months
3. Behavioral Assessments for children of all ages Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
4. Blood Pressure Screening for children Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
5. Cervical Dysplasia Screening for sexually active females
6. Congenital Hypothyroidism screening for newborns
7. Depression Screening for adolescents
8. Developmental Screening for children under age 3, and surveillance throughout childhood
9. Dyslipidemia Screening for children at higher risk of lipid disorders Ages: 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
10. Fluoride Chemoprevention supplements for children without fluoride in their water source
11. Gonorrhea preventive medication for the eyes of all newborns
12. Hearing Screening for all newborns
13. Height, Weight and Body Mass Index measurements for children Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
14. Hematocrit or Hemoglobin Screening for children
15. Hemoglobinopathies or sickle cell screening for newborns
16. HIV Screening for adolescents at higher risk
17. Immunization Vaccines for children from birth to age 18—doses, recommended ages, and recommended populations vary: Diphtheria, Tetanus, Pertussis, Haemophilus, Influenzae type b, Hepatitis A, Hepatitis B, Human Papillomavirus, Inactivated Poliovirus, Influenza (Flu Shot), Measles, Mumps, Rubella, Meningococcal, Pneumococcal, Rotavirus, Varicella
18. Iron Supplements for children ages 6 to 12 months at risk for anemia
19. Lead Screening for children at risk of exposure
20. Medical History for all children throughout development Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
21. Obesity Screening and counseling
22. Oral Health Risk assessment for young children Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years.
23. Phenylketonuria (PKU) Screening for this genetic disorder in newborns
24. Sexually Transmitted Infection (STI) prevention counseling and screening for adolescents at higher risk
25. Tuberculin Testing for children at higher risk of tuberculosis Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
26. Vision Screening for all children

Telephonic Employee Assistance Program (EAP)

Receive Help

*on Managing Work
and Life Stresses*



4/5

**Four out of five
Americans report feeling
stressed, and 15% feel
it's unmanageable.**

What Telephonic EAP Does for You

Call 24/7 for unlimited access to professional counselors

Short-term assistance for personal issues like stress, depression, family problems, substance abuse, and more

Referrals for long-term counseling or specialized care when appropriate

Help and referrals for childcare and eldercare issues, legal and financial concerns, time management, and more

Need a Better Way to Tackle the Task of Managing Health Information?

THE PROBLEM

Health issues are overwhelming – not just the diagnosis, but the **information overload**. Whether dealing with your own health or advocating for a loved one, your "system" is typically some stressful and ineffective combination of **binders, folders, texts, portals, pictures and notes on their phone**.

WHY?

Portability Matters – easy access, in one place that YOU OWN

Information Matters – a place for your information and your story – symptoms, notes, questions, reactions, photos and documents

Sharing Matters – a way to get the right information to the right people at the right time

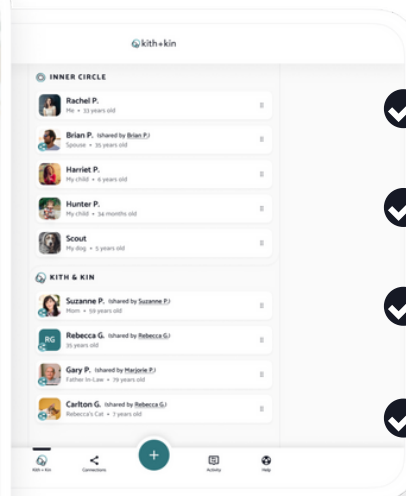
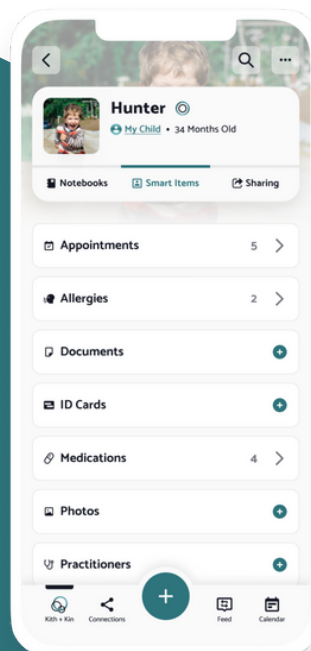


THE SOLUTION

KinKeeper

Simply and securely create, store, organize and share health information.

At your fingertips and in your control.



- ✓ Caring for kids of all ages
- ✓ Supporting aging parents
- ✓ Managing chronic conditions
- ✓ Coordinating caregivers and social supports

✧ Homethrive

Caregiving: *The Overlooked Workforce Challenge*

Caregiving is one of the top reasons employees leave the workforce, costing businesses millions in lost talent and productivity. Homethrive offers a proven, cost-effective solution to support employees with caregiving responsibilities—helping you retain your best people while improving engagement and efficiency.



The Cost of Unaddressed Caregiving

- **73% of employees** have caregiving responsibilities, impacting their ability to focus and perform at work.
- **1 in 3 employees** would leave their job for a caregiving support benefit.
- Caregiving is the **#2 reason employees leave the workforce**.
- Lost productivity and turnover cost employers over **\$1 trillion annually**.

Why Choose Homethrive?



Guided Support

Full-time, accredited Care Guides deliver one-on-one assistance and expert guidance.



24/7 Digital Platform

AI-powered tools and resources ensure support is always available.



Industry-Leading Utilization

Boost engagement and maximize retention with unmatched utilization.

Proven Employer-Focused Results

80%

reduction in
voluntary turnover

16.4

work hours saved
per employee each
month

98%

of employees report
reduced stress,
anxiety, and burnout

8.4%+

utilization,
3x the industry
average

Comprehensive Support for Employees and Their Families

Homethrive addresses caregiving challenges across all stages of life, ensuring your workforce has the help they need, whenever they need it.



Homethrive Care Guides

Key Areas We Support

Infant & Childcare

Flexible, high-quality childcare and backup care options for working parents.

Elder Care

Support for aging loved ones, including home care coordination and long-term care planning.

Memory Care

Guidance for families navigating Alzheimer's, dementia, and cognitive decline.

Veteran Support

Help with VA benefits, healthcare services, and resources tailored to veterans and their families.

Disabilities & Neurodivergence

Support for learning differences, physical disabilities, and chronic conditions.

End of Life & Loss

Assistance with hospice care, legacy planning, and bereavement support.

Financial & Care Planning

Help navigating benefits, financial resources, and long-term care decisions.

Medicare Assistance

Guidance for plan selection and understanding coverage options.

**Always On,
Always There**

Boost Engagement and Retention with Homethrive

Your employees need solutions that work. Homethrive seamlessly integrates with your existing benefits, delivering measurable results for your organization.



Dental Powered by Aetna Dental Access®

Enjoy a Bright Smile at a Lower Cost

Save 15% to 50% on dental care, in most instances†

What Dental Does for You

Save on dental services such as cleanings, X-rays, crowns, root canals and fillings at over 262,000* available dental practice locations nationwide

Need specialty dental care? Save on orthodontics and periodontics, too!

Use the discounts as often as needed

Use the Dental Price Transparency tool in the mobile app to know exactly what procedures cost before going to the dentist

How your Dental Discounts Compare to Insurance

Insurance isn't the only option when you need dental care. Your dental discounts provide valuable savings for you and your family, with no limit on the number of times you can use them.

	Typical Insurance Coverage	Aetna Dental Access
I reached my annual maximum, but I need to get a filling.	After hitting your maximum with co-pays and deductibles, additional services or procedures will not be covered for the rest of the plan year.	Save 15% to 50% per visit† off cleanings, x-rays, fillings, root canals, and crowns as often as needed.
My son needs braces, but I'm not sure how we can afford that right now.	Dependents may be covered for an additional cost, but orthodontists are not always covered.	Save 15% to 50% per visit† off orthodontic services, with dependents covered at no additional cost.
Ouch! I broke my tooth and need surgery.	Surgeries are not covered until after year one of the plan.	Save 15% to 50% per visit† off surgical procedures with no waiting period.

*As of April 2020.

† Actual costs and savings vary by provider, service and geographical area.

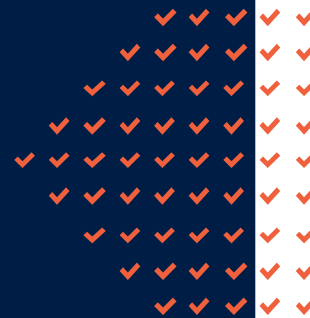
The discount program provides access to the Aetna Dental Access® network, which is administered by Aetna Life Insurance Company (ALIC). ALIC does not offer or administer the discount program, and is not an affiliate, agent or principal of the discount program. Dental providers are independent contractors and not employees or agents of ALIC. ALIC does not provide dental care or treatment and is not responsible for outcomes.

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Vision

See Better Savings on Eye Exams and Eyewear

Save 10% to 60% on glasses, contacts, eye exams, and more



What Vision Does for You

Eyewear & Exams

20% to 60% off prescription eyewear including most frames, lenses, and specialty items such as tints, coatings, and UV protection

10% to 30% off exams

Over 20,000 participating chains including LensCrafters, Pearle Vision, Visionworks, JCPenney, Target, and more

Mail Order Contacts

10% to 40% off contact lenses through America's Eyewear mail order service

Laser Surgery

40% to 50% off the national average cost of Lasik surgery

How Vision Discounts Compare to Insurance

Insurance isn't the only option when employees need vision care. Vision discounts provide valuable savings for employees and their families, with no limit on the number of times they can use them.

	Typical Insurance Coverage	Coast to Coast Vision
My prescription changed and I need new eyeglasses.	Receive 20% off any amount exceeding your frame allowance.	Save 20% to 60% off as many pairs of prescription glasses as you want.
I've been wearing glasses for years and want to try contacts now.	Receive 15% off a contact exam, but no additional discounts are provided.	Save 10% to 40% off brand name contacts and 10% to 30% off eye exams, even if you've already purchased glasses that year.
I'm ready to take the plunge and get Lasik eye surgery.	Lasik eye surgery is not covered.	Save 40% to 50% off the national average for Lasik eye surgery.

Alternative Medicine

Experience Natural Health and Wellness Methods At Reduced Costs

Save 10% to 30% on alternative medicine practices



What Alternative Medicine Does for You



As traditional healthcare costs continue to increase, over 37% of adults have turned to natural health and wellness methods.



Forms of alternative medicine help reduce stress, relieve migraines, help people quit smoking, and more.



Enjoy savings on a variety of specialties, including acupuncture, massage therapy, hypnotherapy, yoga, and tai chi.



Access over 35 specialties and 35,000 practitioners nationwide.



Get the most out of your benefits

Contact Us

ClaimChoice Customer Service
(800) 221-4254 or custserv@claimchoice.com



We're here to guide you through understanding your benefits.

